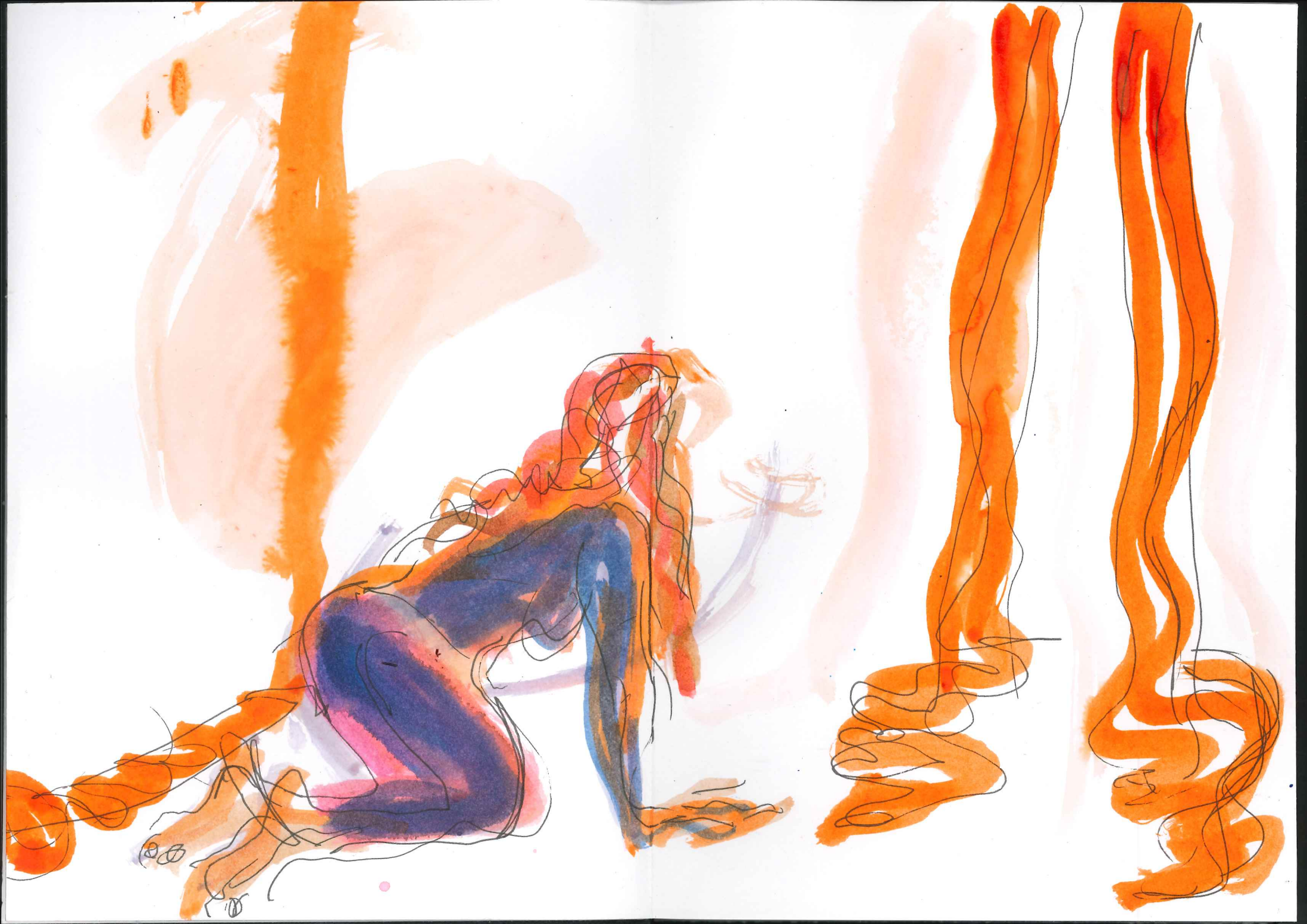


A Day at Circomedia with Mel Stevens. 9/12/13
Kingswood, Bristol S. Booth.



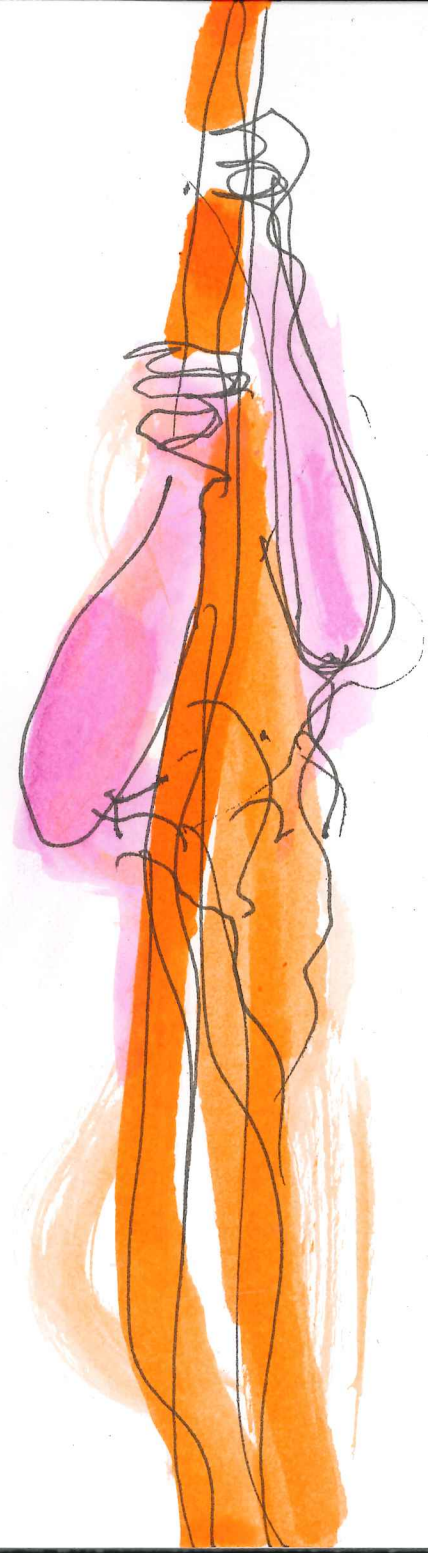




7 minute sessions - up - down - stretch

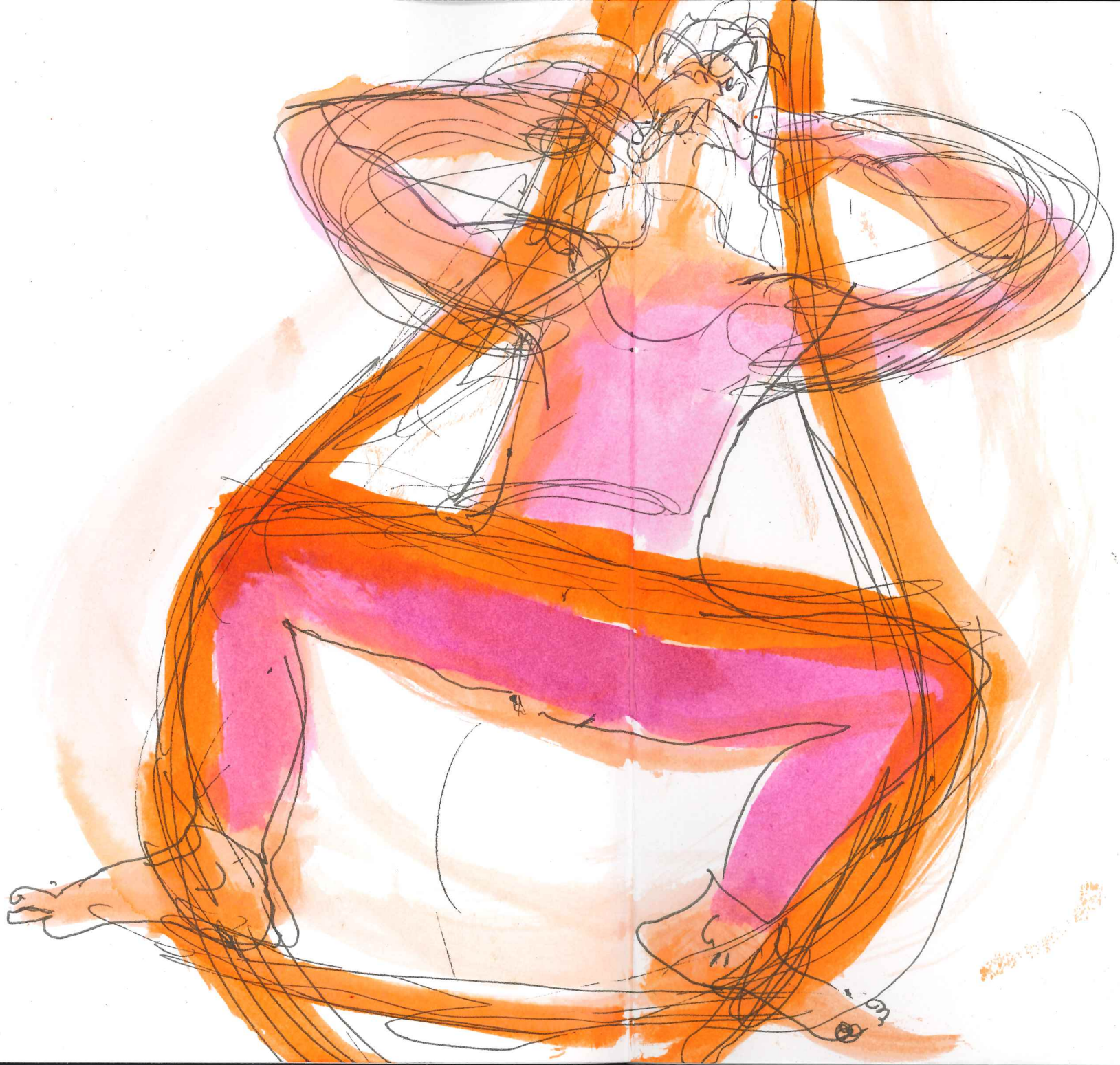


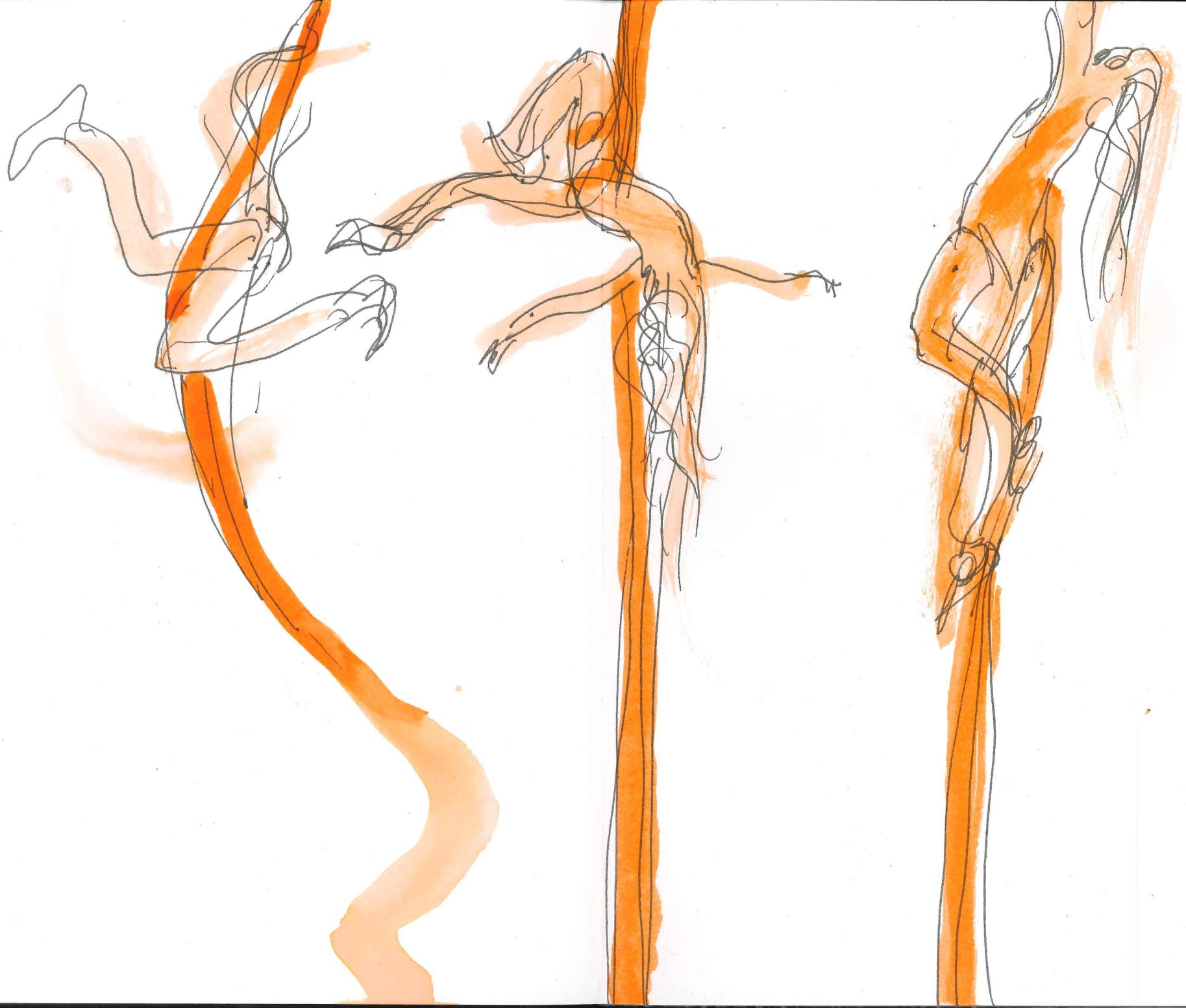
breathe - oxygen

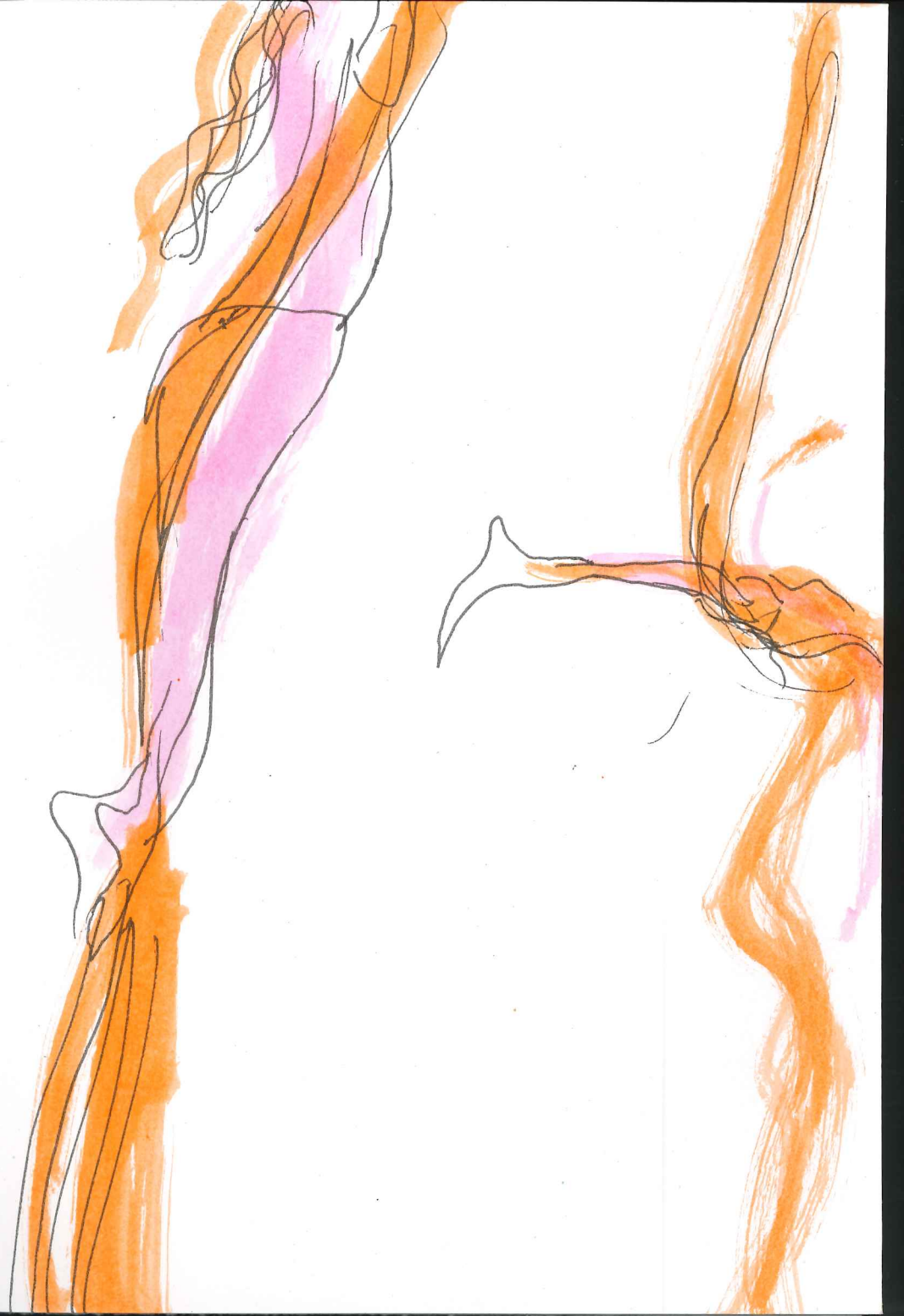






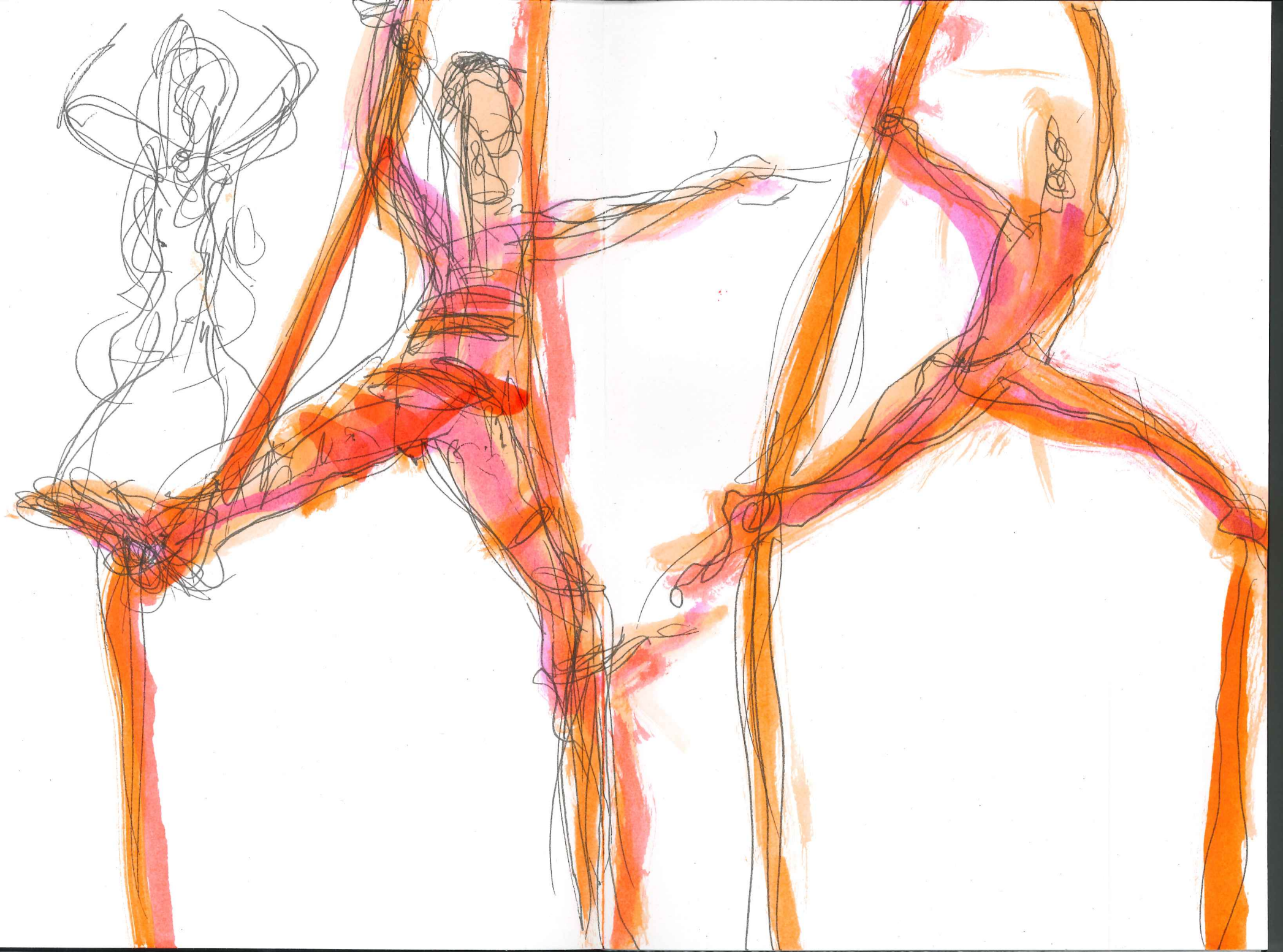


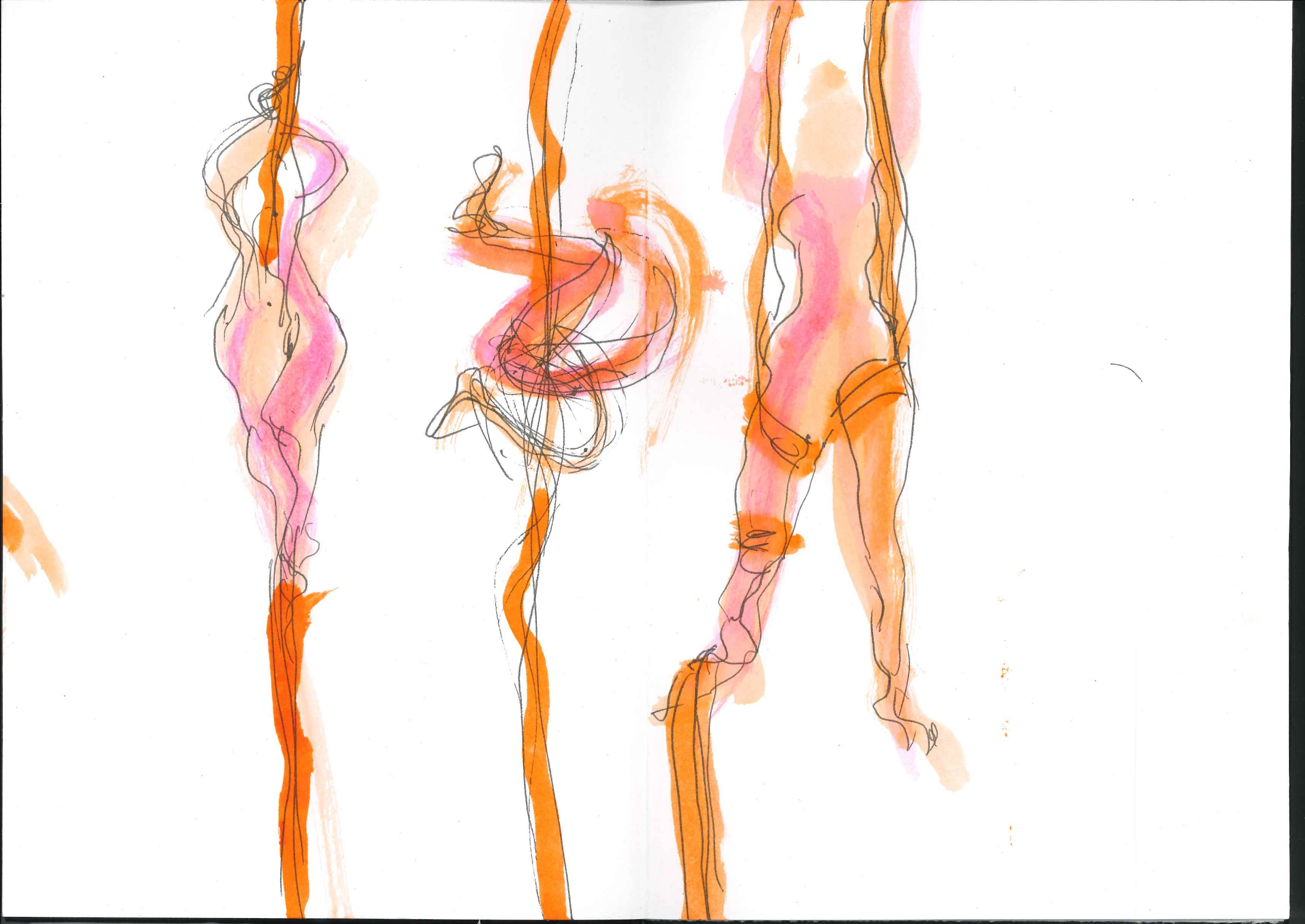






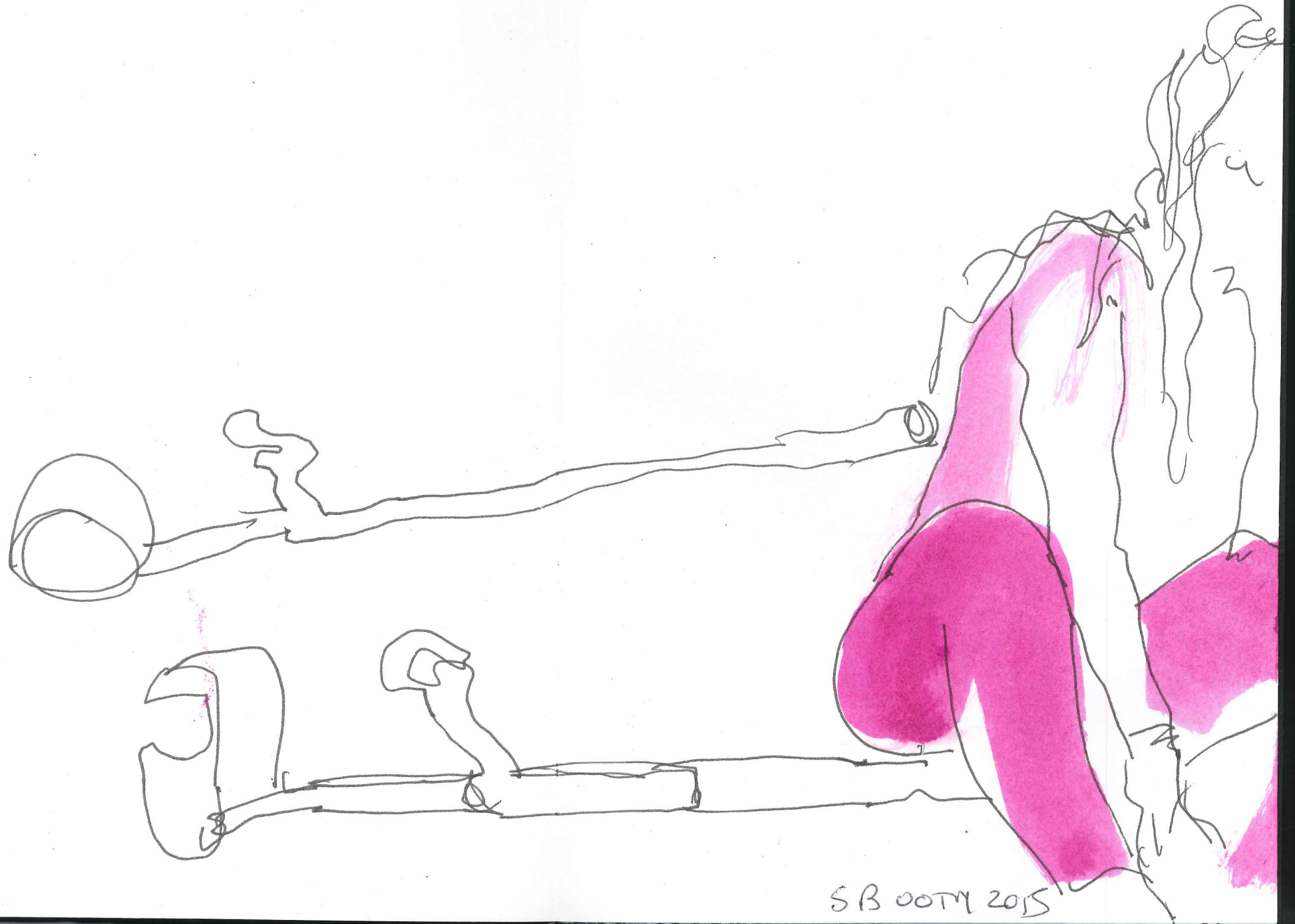
art row











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